



FROM QUALIFICATION  TO CONFIDENCE

REAL-WORLD
TRAINING
COURSES
FROM
REAL-WORLD
EXPERTS

ACCREDITED BY:



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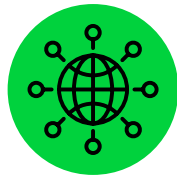
FROM BUILDING THE NETWORK TO BUILDING YOUR SKILLS

There's serious real-world experience behind every course we teach. We're one of the UK's leading infrastructure engineering companies. We don't just teach this – we do it, every day, on complex, high-risk projects for Tier 1 clients.



POWER

Designing and installing power systems for everything from data centres and renewables to transport and defence.



DIGITAL INFRASTRUCTURE

Delivering complete grid connections and resilient private networks for clients who can't afford to fail.



ADVISORY

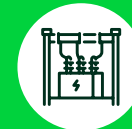
Using our hands-on expertise to manage design, compliance, and liaison with councils and national agencies.

A TRACK RECORD THAT SPEAKS FOR ITSELF



25+ years in the field

From a specialist team to a trusted Tier 1 provider.



2,000+ MVA power connected

The critical power networks that keep the country running.



3000km+ fibre cable installed

The digital infrastructure that connects businesses and communities.



10 RoSPA gold awards

Our commitment to safety, proven at the highest level.



20 Gold Considerate Constructors Awards

Recognised for our exemplary standards on site.

FROM THE MANUAL TO THE JOB

Learn from the people who really know

We believe the only people who can teach you how to really do the job are the people who have done it themselves. Our instructors are industry veterans with years of on-site experience. They turn real-world challenges into the practical lessons you learn in the classroom – bringing the real-world challenges of running power under motorways and connecting data centres into every lesson. You'll learn what works, what doesn't, and why – straight from the experts.

"MY JOB ISN'T JUST TO GET THEM THE CARD. IT'S TO MAKE SURE THEY KNOW WHAT TO DO WHEN THEY'RE STANDING IN THE MUD AND THINGS GO WRONG."

> Paul Phillips
JSM Trainer

"THE COURSE MADE SENSE BECAUSE THE INSTRUCTOR HAD ACTUALLY DONE THE WORK FOR A LIVING. I WAS USING WHAT I LEARNED ON SITE THE NEXT DAY."

> Tom Clarke
Utilities Engineer

"I USE JSM BECAUSE THEY GET IT. MY TEAM COMES BACK READY FOR THE JOB, NO NONSENSE."

> Sarah King
Operations Manager

Proven quality, EUSR endorsed

Our programmes are audited and endorsed by EUSR, the industry's skills and standards body. It's your guarantee that our training meets the highest national standards. With courses tailored for every skill level, we build clear pathways for new starters and seasoned experts alike.

Building confidence. And careers.

Whether you're an individual building your career or a manager ensuring your team is competent and safe, our goal is the same. We don't just hand you a certificate. We give you the proven skills and confidence to get the job done right.

THE ESSENTIALS



1 DAY



BARKING



VALID FOR
5 YEARS



Remember to retake
BEFORE your current
certificate expires

HEALTH AND SAFETY AWARENESS



Who it's for

The essential safety course for anyone considering, or already working in, the construction and civil engineering industry.

What it covers

This course gives you the practical advice you need to keep yourself and your colleagues safe. It covers your and your employer's responsibilities, and what to do if you think anyone's health and safety is being put at risk.

What you'll learn

- > Why it's critical to prevent accidents and how your actions contribute.
- > The core health and safety laws.
- > How your role fits into the overall control and management of a site.
- > How to use risk assessments and method statements.
- > The confidence to perform your work safely and know when to ask for advice.
- > How to report unsafe acts to prevent accidents.



**THE
ESSENTIALS**



2 DAYS



BARKING



**VALID FOR
5 YEARS**

SITE SUPERVISION SAFETY TRAINING SCHEME



Who it's for

Ideal if you have or are stepping into supervisory responsibilities in the construction industry.

What you'll learn

- > Health and safety law and how it applies to supervisors.
- > Your supervisory responsibilities in controlling site safely.
- > The importance of risk assessments and the need for method statements.
- > How to deliver effective site inductions, toolbox talks, and method statement briefings.
- > How to monitor site activities effectively.
- > When and how to intervene if bad practice is identified.



THE ESSENTIALS



1 DAY



BARKING



RENEWES YOUR
CERTIFICATE FOR A
FURTHER 5 YEARS



Remember to retake
BEFORE your current
certificate expires

SITE SUPERVISION SAFETY REFRESHER COURSE



Who it's for

Ideal if you've passed the SSSTS course and need to renew your certification.

What it covers

This course brings your health and safety knowledge up to date with the latest legislative changes and industry impact, building on the original course to ensure you can continue to fulfil your responsibilities effectively.

You'll be able to

- > Implement all updated health, safety, welfare and environmental legislation that affects your role
- > Implement new guidance and industry best practice affected by changes
- > Fulfil your responsibilities regarding health, safety, welfare and the environment.



**THE
ESSENTIALS**



5 DAYS



BARKING



**VALID FOR
5 YEARS**

SITE MANAGEMENT SAFETY TRAINING SCHEME



Who it's for

Ideal if you're a site manager or plan, organise, monitor and control groups of staff on site.

What it covers

This course covers all the relevant legislation for safe working in the building, construction and civil engineering industries. It's designed to give you the knowledge to assess risk, implement the necessary controls, and build a strong safety culture for your entire team.

What you'll learn

- > How to implement all health, safety, welfare, and environmental legislation that affects your daily work.
- > How to apply new guidance and industry best practice on your site.
- > Your duties and responsibilities as a site manager regarding health, safety, welfare, and the environment.



SITE MANAGEMENT SAFETY REFRESHER COURSE



THE ESSENTIALS



2 DAYS



BARKING



RENEW YOUR
CERTIFICATE FOR A
FURTHER **5 YEARS**



Remember to retake
BEFORE your current
certificate expires

Who it's for

Ideal if you're a site manager who's previously passed the full SMSTS course and need to renew your certification.

What it covers

This course brings your health and safety knowledge up to date with the latest legislative changes and their impact in the workplace, ensuring your knowledge remains current.



THE ESSENTIALS



1 DAY



BARKING
OR VIA
REMOTE
LEARNING

EUSR SAFETY, HEALTH & ENVIRONMENTAL AWARENESS, SHEA CORE, POWER, GAS, WATER, TELECOMMUNICATIONS



Who it's for

Ideal if you need access to operational utility sites, permanent or temporary. The SHEA scheme is recognised across the industry and partnered with the Construction Skills Certification Scheme. It's for all levels, including managers and supervisors. Please note, this course is an Energy and Utility Passport scheme designed to establish a universal standard for health, safety, and environmental awareness – it's not an assessment of technical competence or skilled expertise for a specific trade.

What it covers

Every SHEA course is designed to give you a solid understanding of workplace health, safety, and environmental law. It provides a unified, practical standard for safe behaviour on site. All courses cover a set of core modules, plus specific content tailored to your industry. You'll need to complete all the modules and pass the assessment.

The JSM difference

Grounded in the reality of JSM's own work across the UK's power, gas, water, and telecoms networks. We don't just teach these standards; we live by them every day to get the job done.

CHOOSE YOUR SECTOR

Find the specific SHEA scheme you need below. Each course covers the core content plus the specialist modules for your industry.

SHEA Core > 6 modules providing the foundational knowledge for site access.

SHEA Power > 8 modules, including power-specific content for access to electricity network sites.

SHEA Gas > 9 modules, including gas-specific content for access to gas network sites.

SHEA Water > 8 modules, including water-specific content for access to clean water network sites.

SHEA Telecommunications > 7 modules, including telecoms-specific content for access to telecommunications sites.

THE
ESSENTIALS



HALF DAY



BARKING

LADDERS & STEPLADDERS FOR USERS

Who it's for

Ideal if you use ladders and stepladders as part of your work.

What you'll learn

- > How to assess when it's right to use a ladder or stepladder.
- > How to select, handle, store, and safely use the equipment.
- > How to identify and manage the hazards involved in using ladders.
- > The current laws, regulations, and guidance you need to follow.
- > Your roles and responsibilities, and those of your employer.
- > How to perform essential pre-use checks before starting work.
- > Understanding leaning ladders, stepladders and combination ladders.



THE
ESSENTIALS



HALF DAY



BARKING

LADDERS & STEPLADDERS FOR INSPECTORS

Who it's for

Ideal for anyone who formally inspects and maintains ladders and stepladders at work. Put simply, you'll learn to confidently know what to look at, what to look for – and exactly what to do if you find a fault.

What you'll learn

- > The latest rules and guidance you need to know.
- > What you're responsible for, and what your employer is.
- > The difference between a quick pre-use check and a formal inspection.
- > The step-by-step process for carrying out a formal inspection correctly.
- > How often you need to inspect different types of equipment.
- > How to record your findings properly.
- > What to do with faulty equipment – when to repair it and when to take it out of service.
- > How to keep yourself safe while you're carrying out an inspection.

> **WANT TO BECOME A LADDER EXPERT?
IT'S EASY TO COMBINE BOTH COURSES IN ONE DAY.**

THE ESSENTIALS



VARIOUS LENGTHS



AT YOUR LOCATION

NATIONAL PLANT OPERATOR REGISTRATION SCHEME



To make it easier to find the course you need, we've grouped our wide range of NPORS courses by type. For less downtime and more learning, we can run any of these flexibly at your location.

Excavation & digging

- > Excavator micro (up to 1 ton)
- > Excavator tracked above and below 10 ton
- > Excavator as a crane

Dumpers & rollers

- > Forward-tipping dumper – all sizes
- > Forward-tipping mini dumper
- > Ride-on roller
- > Plant mover

Lifting & handling

- > Industrial counterbalance lift truck
- > Slinger signaller
- > Telescopic handler – all sizes (excluding slew)
- > Telescopic handler – suspended loads

Working at height

- > Mobile Elevated Work Platform (MEWP) Scissor lift
- > Mobile Elevated Work Platform (MEWP) boom
- > Harness and fall arrest
- > Safe working at height

Tools & attachments

- > Abrasive wheels / Handheld & petrol cutting saw
- > Quick hitch awareness

General site safety

- > Safety awareness



THE ESSENTIALS



VARIOUS LENGTHS



PLEASE CONFIRM AT YOUR LOCATION OR AT BARKING

ENDORSED TRAINING PROGRAMMES

EUSR SCHEMES



What they cover

A safe and efficient site is built on a range of essential, practical skills. Choose from a wide range of endorsed programmes that provide the specific, hands-on training needed to handle equipment, manage hazards, and work with confidence.

Working safely with equipment

- > Manual handling
- > Abrasive wheels (petrol cutting saw)
- > Working at height & ladder awareness

Site safety & hazard management

- > Asbestos awareness
- > Fire warden
- > Traffic marshal & bankman training

Health & emergency response

- > Face fit test

Specialist utility skills

- > Utility excavations CAT 1



JSM FOR YOUR BUSINESS

If you're upskilling your team, count on us to keep it simple.

- > On-site and off-site courses
- > One account, easy booking
- > Group discounts
- > Prices reviewed every 6 months

Anything we should know?

Please make sure we're aware of any serious health issues, physical problems, medication or special considerations that might affect anyone taking our courses.

What do I bring?

Depending on the course, you may need to bring

- > photo ID, eg driving licence or passport
- > your own PPE

You'll receive an email after booking with all the details.



Remember to retake
BEFORE your current
certificate expires



BOOK YOUR TRAINING TODAY

 training@jsmgroup.com

 01992 257681

 19 Creek Road, Barking,
London IG11 OJH